

The Seven Noahide Laws

As listed in the Talmud

ONE: Prohibition of [Idolatry](#): - There is only one God. You shall not make for yourself an idol.

TWO: Prohibition of [Murder](#): - You shall not murder.

THREE: Prohibition of [Theft](#): - You shall not steal.

FOUR: Prohibition of [Sexual Promiscuity](#): - You shall not commit adultery.

FIVE: Prohibition of [Blasphemy](#): - Revere God and do not blaspheme.

SIX: Prohibition of [Cruelty to Animals](#): - Do not eat the flesh of a living animal.

SEVEN: Requirement to have just [Laws](#): - You shall set up an effective government to police the preceding six laws.

The Seven Laws of Noah have officially been recognised in the [United States Congress](#):

"Whereas Congress recognizes the historical tradition of ethical values and principles which are the basis of civilized society and upon which our great Nation was founded; Whereas these ethical values and principles have been the bedrock of society from the dawn of civilization, when they were known as the Seven Noahide Laws."